### THE 5<sup>th</sup> ANNUAL WOMEN IN THE WILD ADVENTURE CHALLENGE

Saturday, August 18th 2012

### **ABSOLUTELY NO RACE DAY REGISTRATION!!!**

Who should answer the call of the Wild? Any reasonable fit woman can complete this rite of passage to be called a "Wild Woman" and experience the feel of personal victory that comes with such a challenge. Bring your friends, family, or coworkers and come join us for the 5th Annual Women in the Wild Adventure Challenge.

What does this Wild Woman Challenge Consist of? Two Courses are offered. The first course itself is designed to be a beginner friendly adventure challenge race for those women who have never done an adventure race before, yet challenging enough for those who have. It consists of a 5 mile walk or run followed by a 12 mile bike ride. Afterwards if you choose you can also take part in an additional obstacle course. The obstacle course is optional for participants and for fun only. The second course is designed for the very competitive and will include a 7.5 mile run/walk, 21 mile bike and a trail run with an obstacle course. Starts: Registration begins at 6:30 am at Camp Harmony. Challenge will start at 8:45 am. This event will go on Rain or Shine.

General Information: Challenge will start and end at Camp Harmony. It is approximately a 20 minute drive from Johnstown. For detailed directions log onto the Camp Harmony Website at: http://www.campharmony.org

The feast is free to all participants who take part in the challenge. Additional Tickets are available. Adults 12 and up is \$16.00 Children 5-11 \$8.00. Children under 4 free. We will also have the concession stand open for people who just want to grab a drink or snack.

Friday night lodging will be available at Camp Harmony. (More details about Lodging below)

Proceeds: This year's event is sponsored by Women in the Wild Adventure Challenge Inc. Proceeds from this event will be distributed among the cost of the event and participating non-profit organizations.

Website: http://www.maradnet.com/wildwomen/participant/main.html. This website will be your guide for the Adventure Challenge taking place Saturday, August 20<sup>th</sup> 2012

Contact for this Event: Marcia Croce (Women in the Wild Adventure Challenge Event Coordinator): 724-248-9749

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Sock it to Me Course					
□ NEW THIS YEAR!	!!! She Ain't Heavy Sr	ie's My Sister (3 wom	en team for the So	ock it to Me Cour	se)
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Women in the Wild Adventu  Early Bird Registration  Pre-registration by July  written excuse to get  Registration after July Extra Meal Tickets \$1  DEADLINE FOR ALL RI  *Due to the nature of this chall	on (Before April 30th 20th 20th 31st 2012: \$75.00 ***  a refund after the day 31st 2012: \$85.00 (The 6.00 for Adults 12 and EGISTRATIONS WEI	012) \$65.00  **NO REFUNDS AF  te above NO EXCEP  - shirt will not be guar  d up \$8.00 for Childre  DNESDAY, AUGUST	TIONS!!!!!!! canteed) in 5-11 Under 4 Fi T 15 <sup>TH</sup> 2012.	ree Number of Tio	ckets
(Optional) Camp Harmony I  ☐ Friday Night, August I would like to lodge with	17 <sup>th</sup> 2012 only stay Pr				ntinental Breakfast
Make checks payable to: Wom Send to: Women in the Wild Advanture		ure Challenge			

Women in the Wild Adventure Challenge

C/O: Marcia Croce

342 Snyder Lane

Blairsville, PA 15717

MUST SIGN AND DATE RELEASE WAIVER ON NEXT PAGE

# PLEASE MAKE SURE YOU SIGN AND DATE THE RELEASE WAIVER BELOW OR YOU WILL NOT BE ALLOWED TO PARTICIPATE IN THIS EVENT. ALSO REMEMBER YOU CANNOT PARTICIPATE IN THIS EVENT IF YOU DO NOT HAVE A BIKE HELMET.

### WOMEN IN THE WILD ADVENTURE RACE CHALLENGE INC. 2012 RELEASE WAIVER

## READ THIS DOCUMENT (THE "WAIVER AGREEMENT") CAREFULLY BEFORE SIGNING. THIS WAIVER AGREEMENT WILL AFFECT YOUR LEGAL RIGHTS AND WILL LIMIT OR ELIMINATE YOUR ABILITY TO BRING A FUTURE LAWSUIT.

I understand and acknowledge that I am legally agreeing to the statements in the following paragraphs of this Waiver Agreement by affixing my signature below and that these statements are being accepted by the Women in the Wild Adventure Challenge Inc. I acknowledge that a triathlon, duathlon, adventure challenge or other multi-sport event (hereinafter "Event") is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property damage. I acknowledge and agree that it is my responsibility to determine whether I am sufficiently fit and healthy enough to safely participate in this Event, and I attest and certify that I am or will be sufficiently fit and physically trained to participate in any Event which I elect to enter. I have no physical or medical condition which would endanger myself or others if I participate in any Event, or would interfere with my ability to safely participate in any Event. I accept responsibility for the condition and adequacy of my competition equipment and my conduct in connection with any Event. I also understand the weather may play into the cancellation of this event due to safety concerns and am aware that no refund will be given due to weather conditions.

- 1. I understand and acknowledge the dangers associated with the consumption of alcohol and/or drugs before, during and after any Event and I recognize that consumption of alcohol and/or drugs might impair my judgment and/or motor skills. I assume full responsibility for any injury, loss or damage associated with my consumption of alcohol and/or drugs.
- 2. On behalf of myself, my executors, administrators, heirs, next of kin, successors and assigns, and anyone else who might sue on my behalf, I HEREBY WAIVE, RELEASE, and FOREVER DISCHARGE The Women in the Wild Adventure Challenge Inc., all Event sponsors, Event producers, Event staff, administrators, officials, contractors, vendors, and organizers (including race directors), volunteers, all other persons or entities involved with an Event, states, cities, towns, and other governmental bodies and locations in which this Event or portions of this Event takes place, and the officers, directors, employees, agents, insurers, other participants and representatives of all of the above (collectively, the "Released Parties"), from any and all claims, causes of action, damages, losses (economic and non-economic), and liabilities of every kind (collectively "Claims"), for death, personal injury, or property damage, which may arise out of, result from, or relate to my participation in, or my traveling to or from, any Women in the Wild Adventure Challenge Inc, including but not limited to any Claims for theft, damage to any equipment, negligence, partial or permanent disability, Claims relating to the provision of first aid, medical care, medical treatment, or medical decisions (at this Event site or elsewhere), and any Claims for medical or hospital expenses.
- 3. I acknowledge and ASSUME ALL OF THE RISKS and aspects of this Event. I acknowledge that walking, running, bicycling, swimming, obstacle course and any other portions of this Event are inherently dangerous and I understand that I will be participating in this Event at my own risk, that I am responsible for the risk of participation in this Event, and that I am waiving and releasing my legal rights to sue for any injury or damages arising out of or resulting from my participation in this Event. I further understand that any injury or damages incurred may be the result of negligence, omission or carelessness by the Released Parties.
- 4. I FURTHER COVENANT and AGREE NOT TO SUE any of the Released Parties for any of the Claims that I have waived, released, or discharged herein. I AGREE TO INDEMNIFY and HOLD HARMLESS the Released Parties from any and all expenses incurred, Claims made, or liabilities assessed against them, including but not limited to attorneys' fees and litigation expenses, arising out of or resulting from, directly or indirectly, in whole or in part, my breach or failure to abide by any part of this Waiver Agreement, my breach or failure to abide by any of The Women in the Wild Adventure Challenge Inc. Competitive Rules, and my actions or inactions which cause injury or damage to any other person.

  5. I AGREE to abide by the Competitive Rules adopted by The Women in the Wild Adventure Challenge Inc. and the Guide to Prohibited
- Substances and Prohibited Methods of Doping adopted by the United States Anti-Doping Agency. I AGREE that prior to participating in this Event I will inspect the race course, facilities, equipment, and areas to be used, and if I believe or become aware that any are unsafe, I will immediately advise the Race Director. I FURTHER GRANT to Event organizers, and their licensees the right, permission, and authority to use my name, voice, picture, or photograph, in any broadcast, telecast, commercial advertisement, promotion, or other account of an Event, and I WAIVE any rights to future compensation to which I might otherwise have been entitled for such use.
- 6. The parent or legal guardian who signs the Waiver Agreement on behalf of a minor, incapacitated and/or mentally challenged person (hereinafter "Said Person"), hereby acknowledges that he or she has the legal capacity and authority to act on behalf of Said Person to legally bind Said Person to the Waiver Agreement. The parent or legal guardian who signs the Waiver Agreement agrees to indemnify and hold harmless the Released Parties for any expenses incurred, Claims made, or liabilities assessed against them, as a result of any insufficiency of legal capacity or authority to act on behalf of Said Person in the execution of the Waiver Agreement.

5 1	er Agreement shall be unlawful, void, or for any reason ur eement and shall not affect the validity and enforceability	
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Signature: X		
Date:		
Date of Birth:		
(Parent or Legal Guardian for Pe	ersons under Eighteen (18) Years of Age or Legal guardia	an of incapacitated and/or mentally challenged person)
Name of Guardian:		
Signature: X		
Date:	Relationship to Minor or Legal guardian of incapacitated	and/or mentally challenged person: