

ENTRY FORM

Name: _____
 Address: _____
 City: _____ State: _____
 Zip: _____ Phone: _____
 E-mail: _____
 Male ___ Female ___ Age on race day _____

Shirt Size: ___S___M___L___XL___
 ___\$20 adult prior to 4/10/09
 ___\$15 child (12 & under) prior to 4/10/09
 ___\$25 adult after 4/10/09 or race day
 ___\$20 child (12& under) after 4/10/09
 and race day

Please make checks payable to and mail to:
Harrisonburg Education Foundation
 317 S. Main St.
 Harrisonburg, VA 22801

Runner's Agreement, Waiver Release and Acknowledgement

I know that running/walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this run. I assume all risks associated with this event, but not limited to: Falls, contact with other participants, the effects of weather, including water, ice or snow on the road, traffic and the conditions of the road, all such risks, being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release The Harrisonburg Education Foundation and the City of Harrisonburg from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature (parent or guardian if under age 18)

Date _____



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Mr. Lintner's AP Calculus Class



Mountain Valley Corp.

RUNNING BUDDIES



Wellness Center

Lenhart Obenshain PC
 Attorneys at Law

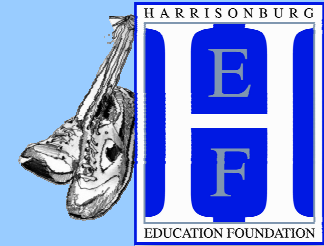


Kent and Karen Folsom

The Schick Family



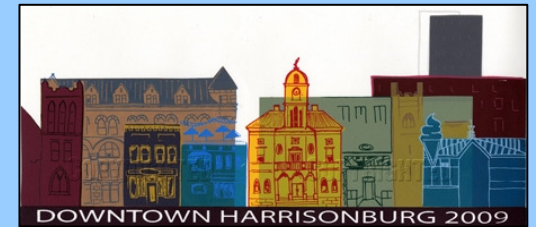
The Sherry Burcham Anderson 5K Run-Walk



Sponsored by the Harrisonburg Education Foundation

April 25, 2009
 10:00am

In historic downtown
 Harrisonburg, Virginia



Sponsored by:



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 HARRISONBURG, VIRGINIA



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Entry Fee:

On or before April 10, 2009:

\$20 for adults

\$15 for children age 12 and under

After April 10, 2009 or on race day:

\$25 for adults

\$20 for children 12 and under

Entries received before April 10 will receive a race T-shirt.

Registration will take place on Saturday, April 25, 2009, 8:30 -9:40 a.m. at The Daily News Record Parking lot on S. Liberty Street.

Packet Pickup:

Pre-registered participants may pick up their packets on Saturday, April 25 at The Daily News Record Parking lot on S. Liberty Street from 8:30 a.m. - 9:40 a.m.

Awards:

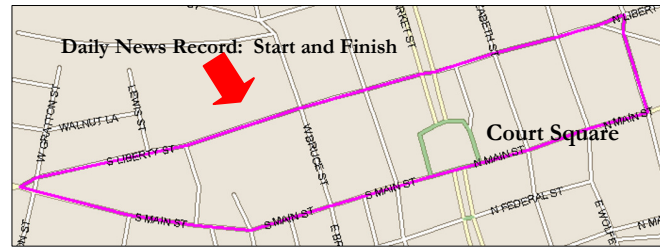
Following the race, award certificates will be presented to the top male and female finishers in each age category. Results will be posted on the HEF's website.

Race Policies:

Pets must be on a leash. No roller blades or skate boards please. Strollers and wheelchairs are welcome.

Register on-line at: www.harrisonburgeducationfoundation.org

Race Course



 Shows Race Route (2 times)

The 5K Run-Walk is a fundraiser that has been designed to support the local educational programs implemented by the Harrisonburg Education Foundation and to celebrate the life of Sherry Anderson. Mrs. Anderson was committed to teaching children in the Harrisonburg, Virginia area. She was also an avid runner. By establishing an event such as this, we not only honor Mrs. Anderson by participating in something she loved to do, but also fund specific programs which benefit the children in the Harrisonburg City Public Schools.

The Sherry Burcham Anderson
5K Run-Walk



Sponsored by the Harrisonburg Education Foundation



Sherry Burcham Anderson

Sherry Burcham Anderson attended Mary Washington College and graduated from Madison College, now JMU. She was employed at Beverley Manor Middle School in Augusta County, Keister Elementary School in Harrisonburg, Virginia and most recently, at the child development clinic at JMU. A beloved member of the community, Anderson impacted many people's lives. Sherry was an avid runner as well as a member of the Asbury United Methodist Church in Harrisonburg. "Faithful", "loving," "caring," "dedicated" and "energizing" were just a few of the words used to describe her. Mrs. Anderson valued education and spent her entire life teaching kids. She was an active member in many community organizations. Mrs. Anderson had enthusiastically volunteered to assist with the HEF's 5K Walk-Run prior to her death. She was a devoted wife and mother. Mrs. Anderson was tragically killed while running on the morning of January 6, 2009.