

Run for Your Life

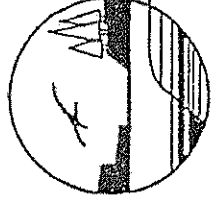
**to promote
wellness and
healthy living**

**All proceeds will be used
for scholarships for
students in Manitowoc
County through the
Manitowoc Sunrise
Rotary Foundation**

5 K Run

Through Manitowoc Lincoln Park

Saturday, October 23, 2010



**ROTARY CLUB
OF MANITOWOC, WI
SUNRISE**

**Please Return with Fee Payable to: Manitowoc Sunrise Rotary Foundation P.O. Box
1281 Manitowoc, WI 54221-1281 by October 15, 2010**

Date

Primary Contact Signature

Consent & Liability Waiver

Hold Harmless: By participating in the Run for Your Life - Run, I agree to release and hold harmless Manitowoc Sunrise Rotary Club, its officers, directors, employees, and agents, and the City of Manitowoc from any and all liability, losses, claims, actions, costs, including attorney fees resulting from injury to person or damage to property arising out of my participation in the Run for Your Life - Run.

Photograph Authorization: I hereby give Manitowoc Sunrise Rotary Club and its affiliates permission to photograph me during the run and its related activities and to use those photographs for any purpose including but not limited to commercial purposes.

Eligibility Certification: I certify that in accordance with the rules of TAC and IAAF governing amateur status, I am eligible to compete in this event. (No ineligible runner will be allowed to compete)

Run for Your Life

Benefiting Local Scholarships

October 23, 2010

The run will start and finish in the Manitowoc Lincoln Park

Run begins at 10 am Awards Ceremony after Race

Prizes awarded to top 3 runners in each category and top school team for each grade (2-8), high school, and college

Thank you to these sponsors:

- Male & Female Categories (\$20 entry fee, \$17 if post-marked by Oct. 1)

- 14 and Under
- 15-19 years old
- 20-29 years old
- 30-39 years old
- 40-49 years old
- 50-59 years old
- 60-69 years old
- 70 and over

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School Challenge Run:

4-5 Person Sponsored Team \$100
Grades 2-8 (7 categories)
High School
College

Entry Fees:

- \$20 individual
- \$100 for teams

It is recommended that teams find a sponsor to cover the entry fee and wear team shirts during the run

Manitowoc Sunrise Rotary

Foundation is a 501(c)(3) tax-deductible charitable organization

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T-shirt sizes can only be guaranteed for registrations submitted before Oct.1

Division: Team Individual Sex Age

Names _____

For Team: _____

Team Name: _____

Company Sponsor: _____

Grade (All team members must be in this grade or lower) _____

Contact Name: _____

Address: _____

City: _____

Email: _____

Evening Phone: _____

Total Amount Enclosed: \$ _____

T-Shirt size _____

S M L XL XXL
S M L XL XXL
S M L XL XXL
S M L XL XXL
S M L XL XXL
S M L XL XXL